

Variable	Mean	SD	Min	Max
Age	38.5	12.5	25	65
Gender	0.5	0.5	0	1
Marital Status	0.7	0.5	0	1
Education	12.5	2.5	9	16
Income	3500	1500	1000	8000
Health Status	0.8	0.4	0	1
Stress Level	4.5	1.5	1	7
Life Satisfaction	5.5	1.5	1	9
Work-Life Balance	6.5	1.5	1	9
Overall Well-being	7.5	1.5	1	9

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